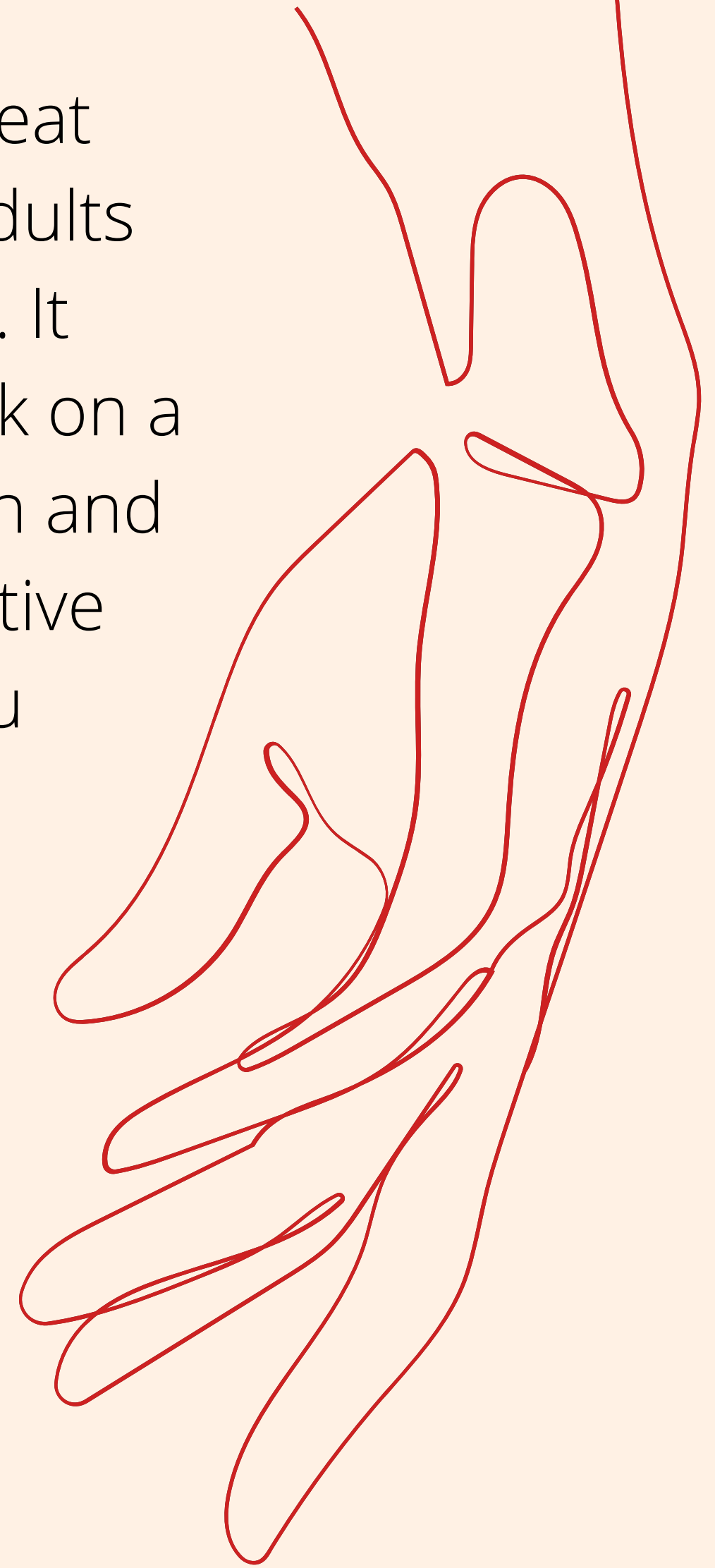


What is Choice all about?

Choice is an enriching retreat experience for all young adults and working professionals. It calls for courage to embark on a journey of self-examination and commitment to make positive changes to the choices you make.



At Choice we foster a safe space where young adults can trust one another, communicate freely and explore together the significance of belonging in a relationship with God, family and community.



*Together
We Can!*

*It only takes a weekend,
but lasts a lifetime*

ARE YOU WILLING TO ACCEPT THE
INVITATION TO AUTHENTIC LIVING?





Living Authentic Lives

Answer the call to live your true self



Calling All Single Young Adults

BETWEEN 18 TO 40 YEARS OLD

Scan to Find Out More
and Register Today!



Zoom

3 Saturday Mornings
and 1 full Saturday

SG: Materials will be
delivered to your
house

3D2N Getaway

Stay-In Weekend
From Friday Evening
to Sunday Evening.

*All meals and materials
will be provided*



HERE'S WHAT THOSE WHO HAVE ATTEND CHOICE HAVE TO SAY



"John Donne once said that "No man is an island". Through CHOICE, I managed to reflect on who I am not as an isolated individual but as a community member – and that's what sets CHOICE apart from other programs." - **Michelle Thio**

"The weekend experience made me understand myself better. It was a realization journey on what really matters most to my life. The stories we shared during the weekend were inspirational and a refreshing one."

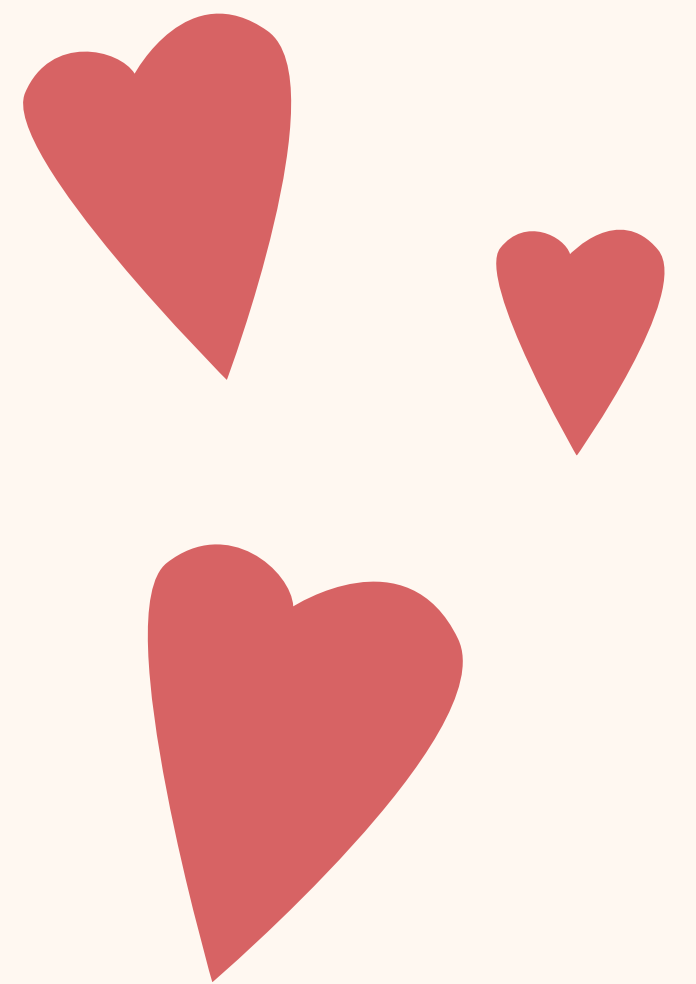
- **Sheron Abraham**

"CHOICE has made a great difference in my journey. I have experienced growth in virtues and gained new insights in all things around me."

- **Carrie Lai**

"CHOICE helped me to recognise my need for support and a sense of belonging. In a world that preaches independence, narcissism and selfishness, it is easy to get stuck in such thoughts. The weekend is a time where you can put things into perspective, and you can realise that you need not fight your battles alone. You have an army of angels with you. That's my brothers and sisters in CHOICE."

- **Francesca Wong**





Our History

Choice was established in the United States in 1976 and has been running continuously in Singapore since 1981. Tens of thousands have attended Choice in countries such as Malaysia, Indonesia, Japan, Philippines, Taiwan, Hong Kong, Korea, United States of America and United Kingdom.



Choice is an approved program of the Catholic Archdiocese of Singapore and is an affiliate of the Catholic Family Life.

What happens at Choice?

As young adults and working professionals, we make decisions daily on who to spend time with and which activities give us greater fulfilment. We get caught up with the latest trends and social norms, and in the process neglect the most significant people in our lives.

Choice is the best getaway you greatly need from your busy lifestyle. Choice offers you the opportunity to take a step back, submerge yourself in serenity and share in the personal, touching, and heartwarming stories from our Choice team of singles, married couples, priests and religious.

There will be time for personal reflection as well as group interactions where you can share your experiences and make new friends! Are you ready to make your Choice? Come and experience Choice Retreat like no other!



www.choice.org.sg
www.facebook.com/choicesingapore

We can be unhappy about many things, but joy can still be there because it comes from the knowledge of God's love for us. . . . Joy does not simply happen to us. We have to choose joy and keep choosing it every day.