



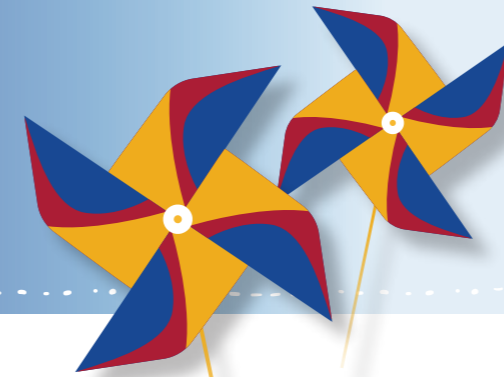
Morning Star Community Services is a registered **charity and Institution of Public Character (IPC)** which aims to enrich and strengthen family relationships in Singapore.

Founded in 1999 with our first Student Care Centre in Lorong Low Koon, we have since expanded to **six centres**. We also provide upstream, preventive and early intervention programmes, family life education workshops and counselling services.

STUDENT CARE SERVICES

Our Student Care Services aim to support the needs of families who require supervision and guidance for their primary school going children. Parents drop off their children in our centres during off-school hours between 1 pm and 6.30 pm on weekdays.

Children from Morning Star are treated as unique individuals and not just students. We place great emphasis on character formation through the acquisition of virtues. We encourage children to discover their own strengths and abilities through the various interesting curriculum-based learning stations and theme-based activities. It is our hope that the children enrolled in Morning Star have a joyful childhood as they grow into adults who will inspire and invigorate the community of the future.



COUNSELLING & THERAPY

Morning Star has a team of professional counsellors who support the emotional and mental wellbeing of our clients, their family members and also the general public when necessary. As educational and professional demands on parents and children become increasingly stressful, we focus on improving and fostering family and parent-child relationships.

Our counselling therapists work with our beneficiaries to support families in the psychological assessment process, as well as providing access to a network of resources needed to deal with financial, housing, and legal issues.

NOVA (NURTURING ONE'S VALUABLE ATTRIBUTES)

Amongst the numerous programmes that Morning Star Community Services offers is the NOVA Learning Intervention Programme. Mainstream children enrolled in the programme exhibit weak foundational skills, poor decision-making habits and often struggle with social-emotional regulation. This affects their ability to learn and meet the requirements of school. These children tend to be from multi-stressed, low-income families.

The daily programme helps children develop confidence and strengthen their competencies in each of the four domains (social, emotional, behavioural and academic learning skills).

CARENIGHTS

CareNights is a free evening support programme specially designed to support families in need who require support and temporal care for their children. It caters to parents who need to work overtime at night, work shifts, attend night classes/ courses or to crises.

We provide nutritious dinners and have a structured programme to support their learning of values and skills, and to enhance their social and emotional development. We care for children aged 6 to 14 years, Monday to Friday, 6pm to 10pm. CareNights is currently available at our Agape Village, Bedok North, Primavera and Sengkang Centres.



TRAINING & WORKSHOPS

Morning Star Community Services offers evidence-based parenting workshops which aim to empower families, by offering them practical skills and knowledge to strengthen family relationships.

Highly-ranked parenting programmes such as Common Sense Parenting®, Triple P®, Signposts and The Incredible Years® are conducted regularly at our centres for the benefit of parents and their children.



And then, a flower!



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*A little seed for me to sow
A little earth to help it grow
A little sun, a little shower
A little while...*

