



Meet Ms. Narimah...

Ms. Narimah was referred to ABLE for therapy services, as well as our signature Return-to-Work (RTW) Program in December 2019. She had suffered from a brain bleed which resulted in moderate aphasia, a language impairment which affects a person's ability to understand, read, speak and write. In the program, Ms Narimah was given a comprehensive suite of rehabilitation, employment support, training and social work services to improve her independence in caring for herself and finding gainful employment.



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During her initial speech therapy assessment, Ms. Narimah struggled to understand and communicate with others. However, this allowed her therapist to discover her strengths and weaknesses. Knowing her strengths enabled her therapist to decide the best way to communicate with her during therapy. Ms. Narimah said the therapy sessions at ABLE gave her the confidence to speak independently and provided the support she needed to get back on her feet again. “I keep a positive mind; I know I will get better,” said Ms. Narimah.