

What services do we provide?

Assisi Hospice provides palliative care for patients across the continuum of Home Care, Inpatient and Day Care. This allows patients and family members to journey with a clinical team they are familiar with, and to receive care in the way that they need.

Inpatient Care

- For patients of all ages who need specialist palliative care in an inpatient environment.
- We have six wards offering 85 beds in single, double and quad rooms.
- These include two specialised wards, Palliative Dementia and Palliative Paediatric wards, to meet the emerging needs of the community.

Home Care Services

- For patients who prefer to and can be cared for at home.
- Regular home visits support families in caring for patients by helping them manage the symptoms of advanced illnesses and provide psychosocial support.
- This includes providing training and emotional support to their caregivers.
- Our team is contactable on the phone, 24 hours a day, to address any urgent concerns.

Day Care Services

- Provides a warm and interactive environment for patients who require care during the day.
- Made accessible by fetching of patients to and from their homes.
- Activities, interest groups and therapeutic programmes include movement, art and music therapies.
- Regular outings organised by Assisi Hospice's volunteers or supporters.
- Our Day Care Centre has a Fitness Area, Dining Hall, Activity Area, Rest Area and Therapy Room.

我们的服务

雅西西慈怀病院通过居家护理、住院疗护与日间护理中心，为病患提供无缝隙的慈怀疗护。这让病患和家属无论在任何阶段或选择哪一种服务形式，都能得到他们所熟悉的医务人员给予的全面照料。

住院疗护

- 为各年龄层、需要住院接受专科慈怀疗护的病患而设。
- 我们的6个病房有85个床位，包括单人房、双人房与四人房。
- 为了应付新的需求，当中有两个是专科病房，分别为失智症患者与重病儿童提供慈怀疗护。

居家护理

- 为选择在家接受照料的病患提供慈怀疗护。
- 专业团队定期探访，帮助病患的家人控制晚期疾病的病征，并且提供心理上的支持，让他们能更好地照顾病患。
- 为看护者提供培训。
- 家属24小时都能联络居家护理团队，处理紧急状况。

日间护理

- 为需要日间照料的病患提供亲切、具互动性的环境。
- 我们的车队每天提供上门接送服务，方便病患来回日间护理中心。
- 日间护理中心有丰富的活动、兴趣小组与治疗活动，包括肢体运动、艺术与音乐治疗等。
- 义工定期为病患主办户外郊游。
- 日间护理中心设有健身区、餐厅、活动室、休息室与治疗室。



Referral process

- The patient's doctor should make a referral through the Integrated Referral Management System (IRMS) by Agency for Integrated Care. General Practitioners can fill up a referral form and provide the necessary medical information to Assisi Hospice. The referral form is available on our website at www.assisihospice.org.sg.
- Upon review and confirmation from the medical team, our staff will contact the referring hospital or family member to make admission arrangements.

转诊程序

- 医生可通过护联中心的转诊系统 (IRMS) 进行转诊。普通科医生则可填妥病人转诊表格，并将相关的病历和其他所需资料提供给雅西西慈怀病院。转诊表格可从网站www.assisihospice.org.sg 下载。
- 我们的行政人员会在医疗团队核实资料后同转诊医院或病患家属联络，安排入院事项。



Who we are?

- We provide palliative care for patients and families that preserves their dignity and quality of life.
- Patients of any race, faith and financial position are cared for by our multidisciplinary specialist team consisting of Medical Doctors, Nurses, Psychosocial Support Team (Medical Social Workers/Counsellors), Allied Health Professionals (Physiotherapists, Occupational Therapists, Music and Art Therapists, Speech Therapist), Clinical Pastoral Care Team, Support Staff and Volunteers.
- The team provides medical care with psychosocial, emotional and spiritual support for patients and their families.
- Our 6-storey purpose-built hospice has a homely ambience, and is designed to provide a lot of natural light and contact with nature.



关于我们

- 我们为病患与家属提供慈怀疗护，让病患活得有尊严并维持生活素质。
- 无论病患的宗教、种族、信仰和经济状况，我们来自多元领域的专业团队都为他们提供慈怀疗护。我们的团队成员包括医生、护士、心理支援团队（医疗社工/辅导员）、专职医疗人员（物理治疗师/职能治疗师/音乐治疗师/艺术治疗师/语言治疗师）、心灵辅导员、后勤人员和义工。
- 病患与其家属除了接受医药照料以外，也会获得心理、情感和心灵上的全面照顾。
- 我们六层高的病院大楼具备住家的氛围，光线充足，而且充满大自然与绿意。

What we do?

Medical Care

- Focuses on managing patients' symptoms and pain so that they can be physically as comfortable as possible.
- Physical symptoms are identified and managed with appropriate medications as well as non-pharmacological interventions.

Palliative Rehabilitation and Therapy

- Patients' symptoms are managed to maintain their physical and cognitive functions with customised programmes.
- Our team of physiotherapists, speech, music and art therapists support patients with individual and group sessions, at our well-equipped spaces or by patients' bedside.
- We advise patients on rehabilitation, fall prevention, caregiver training and if needed, loan equipment to facilitate safe care.

Psychosocial and Clinical Pastoral Care

- Our team of Counsellors and Medical Social Workers will assist with practical solutions or be that listening ear to support patients and families faced with financial challenges, emotional turmoil and other family issues.
- NODA (No One Dies Alone) programme, a customised service delivered by volunteers, provides round-the-clock vigil over patients who are alone and journeying in their final days.

我们提供的专业照料

医疗照料

- 主要着重于帮助病患控制病征与减轻疼痛，让他们感到舒服。
- 确认并使用适当的药物与非药物干预方式，控制病患的病征。

慈怀复健与治疗

- 我们为病患量身定制治疗方式控制他们的病征，帮助他们维持体能与认知能力。
- 我们的物理治疗师及语言、音乐与艺术治疗师，在设备完善的病院内与病房内，通过一对一及团体形式为病患提供治疗。
- 我们教导病患如何进行复健、预防跌倒，以及为看护者提供培训。如有需要，病院也可安排器材的外借，让病患获得适当的护理。

心理与心灵关怀

- 病患和家属往往会面对经济上的困难和情绪上的煎熬，其他家庭问题也可能接踵而来。我们的辅导员和医疗社工会在他们需要时倾听他们困难，并与他们一起寻找解决方案，让他们无需孤军作战。
- 我们的“临终不孤单”计划，特别帮助身边没有亲人的病患。我们的义工会24小时轮流陪伴临终的病患，确保他们不会孤单地走完人生的最后路程。

